

MORNING BREAKING FOOD

(Served from 07:00 - 11:00)

Fitness breakfast €8.95

3 egg omelette (1 yolk) made with free range eggs, red pepper, onion, lean ham and woodland mushrooms, served with a fresh garden salad

Lifestyle breakfast €10.95

Whole rolled porridge oats made with soya milk and a sprinkle of cinnamon

Continental breakfast €10.95

Baker's basket including croissants, white rolls, wholemeal rolls and toast, served with jam, marmalade, butter, tea or coffee and juice of your choice

Tabloid's breakfast €11.25

Fried or scrambled eggs, grilled bacon, sausages, grilled tomatoes, woodland mushrooms, baked beans, baker's basket, tea or coffee

Highland's breakfast €12.50

Smoked salmon, scrambled eggs, grilled tomatoes, Rösti potatoes, woodland mushrooms, tea or coffee, juice or sparkling wine

BAKED GOODS

LIFT THE DAY!

Danish pastry €1.95

Croissant €1.95

Homemade muffin €1.80

Homemade cookie €1.80

Check out our display of freshly baked homemade desserts €4.50

SWEET FLAVOURS

€4.80

Crêpes (served from 08:00 - 16:30)

Choose from:

- BANANA AND TOFFEE
- FOREST FRUIT
- CHOCOLATE AND ORANGE

Add a scoop of vanilla ice cream for €1.00

 Vegetarian

 Requires 25 Minutes

THE PALACE

AFTERNOON TEA

(Served between 14:30 - 17:30)

York ham and English mustard sandwich
Cucumber and lettuce sandwich
Smoked salmon and horseradish sandwich
Raisin scones served with cream, French butter and strawberry jam
Banana and walnut loaf, carrot cake and chocolate brownie
Fresh fruit mini tartlets
Your favourite tea

For 1 person €14.00

For 2 persons €25.00

ICE CREAMS, MILKSHAKES, SORBET AND FRESH FRUIT

Fresh fruit platter €6.80

Fresh fruit salad €4.50

Ice cream €1.60 per scoop

Strawberry, vanilla, chocolate, coconut and cookie

Sorbets €1.60 per scoop

Lemon, mango

Milkshakes €4.80

Strawberry, vanilla, chocolate, coconut and cookie

COFFEE AND TEA

Espresso €2.20

Double espresso €2.50

Macchiato €2.20

Americano €3.00

Cappuccino €2.70

Cappuccione €3.00

Café Latte €3.00

Coffees can be served
decaffeinated and with
skimmed milk

Cold coffees €3.75

Coffee frappé

Hot Chocolate €3.15

Althaus tea selection €3.25

English Breakfast
Bavarian Mint
Camomile
Earl Grey
Green Ginseng
Jasmine
Lemon Mint
Wildberries

Flowering Tea

Selection €5.50

The Way Up

Green tea, marigold and jasmine
flowers

Lily & Roses

Black tea, lily and three rose buds

The Rainbow

Green tea, jasmine flowers and
globe amaranth

Highland Coffee €5.75

Bell's Whisky and whipped cream

Calypso Coffee €5.75

Tia Maria and whipped cream

Italian Coffee €5.75

Frangelico and whipped cream

Irish Coffee €5.75

Jameson Whisky and whipped
cream

Mexican Coffee €5.75

Kahlua and whipped cream

Maltese Coffee €5.75

Anisette or Madlien
and whipped cream

SALAD'S REVENGE

(Served from 11:00 – 23:00)

Not happy with being a side dish, these salads are aiming to compete with the mains!

The cranberries 🌿 €10.95

Mixed leaves, tomatoes, walnuts, dried cranberries, cranberry cheese and blueberry vinaigrette

Thai peanut & quinoa salad 🌿 €11.50

With shredded cabbage, carrots and bean sprouts

Add chicken €3.00

Add prawns €4.50

Buckwheat & curried lentil salad 🌿 €12.50

Tossed with avocado, cucumbers, chopped tomatoes, lemon and thyme

Add chicken €3.00

Add prawns €4.50

Prawn, mango & feta cheese salad €13.50

Tossed in rucola, cucumbers, cherry tomatoes, fresh oranges, dill and mixed seeds

Classic Caesar salad €10.75

Lettuce with anchovies, Parmesan shavings, croutons and Caesar dressing

Chicken Caesar salad 🕒 €13.00

Chicken tossed in the Classic Caesar salad

Prawn Caesar salad €16.25

Tiger prawns tossed in the Classic Caesar salad

Contadino €14.50

Buffalo mozzarella, oyster mushroom and Parma ham, rucola and homemade pesto dressing

Antipasto platter from
the daily buffet salad bar

(SERVED DAILY FROM 19:00- 21:30)

€9.95

PIPING HOT

Soup of the day **Starter €6.50** **Main €7.85**

🌿 Vegetarian

🕒 Requires 25 Minutes

DETOX CORNER

- Energizer**.....€5.00
Chilled cucumber and basil lemonade with lemongrass
- Metabolism booster**.....€5.00
Chilled grapefruit, orange, cucumber, mint and mineral water
- Stomach soother**.....€5.00
Hot mint tea with fresh ginger and honey

SMOOTHIES & SHAKES

- Pre-work out**.....€8.00
Chocolate protein shake with the highest quality micro filtered Whey protein
- Hunger killer**.....€8.00
Banana, apple, mango and yoghurt
- Chillaxer**.....€8.00
Oranges, kiwi and pineapple

MOCKTAILS

- Virgin Pina Colada**.....€7.00
Coconut syrup, pineapple juice and fresh cream
- Heaven Scent**.....€7.00
Passion fruit purée, strawberry syrup and pineapple juice



CRUSTY PIZZA

Made from Maltese bread dough
(Served from 11:00 - 23:00)

- Semplice**  €8.90
Tomato sauce, fresh tomatoes, basil and mozzarella
- Talk of Town** €10.00
Tomato sauce, barbecue chicken, peppers, onions, smoked cheddar and fresh mozzarella
- Ta' Parma** €10.95
Tomato sauce, Parma ham, Parmesan, basil, olive oil, oregano and rocket leaves
- Maltese Tomato Sauce** €11.00
Maltese sausage, goat's cheese, sundried tomatoes and olives

GOURMET BURGER BAR

(Served from 11:00 - 23:00)

 Our burgers are cooked well done (25min waiting)

- The Palace burger** €13.50
Homemade 200g beef burger served in a bun with relish, lettuce and tomatoes
- Cheesy** €14.50
The Palace burger topped up with melted Applewood smoked cheddar
- Bacon cheesy** €14.50
The Palace burger topped up with Applewood smoked cheddar and crispy bacon
- Posh mushroom melt** €16.00
Homemade 200g beef burger, porcini butter, black truffle and goat's cheese
- OMG!** €18.00
Double 200g beef burger, double the Bacon Cheesy, double the flavour
- Chicken** €13.50
Grilled breast of chicken brushed with BBQ sauce served in a bun with relish, lettuce and tomatoes

Served with side salad and seasoned fries



Vegetarian



Requires 25 Minutes

WRAP IT UP

(Served from 11:00 – 23:00)

The Palace club €12.00

Grilled chicken, fried egg, bacon, Applewood smoked cheddar, lettuce and tomatoes

Taste of India €12.25

Tandoori grilled chicken, curry spread, vegetable relish, cardamom mango chutney, yoghurt and mint dip

Lebanese chicken €12.00

Grilled marinated chicken in a wrap with tabbouleh and hummus, served with a tahini and yoghurt dip

Turkish lamb €12.50

Lamb doner in a wrap with tabbouleh and hummus, served with spicy tomato and yoghurt dip

Chili con carne €13.00

With melted cheese and jalapeños

Shredded Peking duck €13.50

With plum jam, pineapple, cucumber and leeks

Served with fries and house salad

BRING ON THE TACO'S

(Served from 11:00 – 23:00)

Chicken €11.00

With smoked chicken and corn relish. Served with guacamole, sour cream, grated Mexican cheese and jalapeños

Beef €12.00

Chili con carne with spicy mince beef and red kidney beans. Served with guacamole, sour cream, grated Mexican cheese and jalapeños

Refried bean taco 🌱 €10.50

Kidney, borlotti and black eye beans, smoked Mexican cheese, guacamole and sour cream

Served with fries and house salad

YUMMY CARBS!

Ham and cheese toastie €4.95

Cheese and tomatoes toastie 🍏 €4.95

Smoked salmon on rye bread €9.50

Served with cucumber and sour cream

Fries (regular) €3.00



Vegetarian



Requires 25 Minutes

CHEF'S SPECIALS

(Served from 12:00 - 23:00)

Grilled salmon fillet €20.50

On cauliflower purée served with miso dressing

Chicken breast supreme €19.50

Topped with Parma Ham powder on a pea purée

Veal Parmigiana €20.50

Breaded escalope of veal topped with mozzarella, tomatoes, basil, Parmesan and rucola leaves

Duck breast €21.50

Pan roasted with carrot and pumpkin purée, honey fruit compote and Teriyaki jus

Beef rib eye steak (250g) €23.50

Served with an aubergine and tomato soffritto and red wine glaze

Served with vegetables and potatoes

 **25mins** Chef's specials are cooked 'à la minute'. (25min waiting)

FRESHLY TOSSED AL DENTE

(Served from 12:00 - 23:00)

 **25mins** Vegetarian requires 25 Minutes

Casarecce  **Starter €9.00** **Main €11.00**

Tossed in our homemade pesto salsa

Pappardelle **Starter €9.25** **Main €11.25**

Tossed in Parma ham and mushroom cream

Homemade Maltese ravioli  **Starter €10.00** **Main €12.00**

Tomato and basil sauce

Homemade Maltese ravioli  **Starter €11.00** **Main €13.00**

In squash purée, fresh goat's cheese, rucola and pesto dressing

Fettuccini **Starter €13.25** **Main €15.25**

With prawns, cherry tomatoes, herbs, white wine, olive oil and preserved lemon

Agnolotti aragosta **Starter €14.00** **Main €16.00**

Lobster stuffed pasta in a shellfish bisque and tomato cream

Paella alla Valenciana  **Starter €13.00** **Main €15.00**

Saffron rice cooked with green peppers, artichokes, squid, chicken, pork, mussels and shrimps

Red wine risotto **Starter €11.00** **Main €13.00**

With chicken, chorizo, artichokes, Bougon Buche

 **Vegetarian**

 **25mins** **Requires 25 Minutes**

OUR BEERS

DRAUGHT BEER

Stella Artois Beer 25cl	€2.85
Stella Artois Beer 50cl	€5.50

LOCAL BOTTLED BEER

Cisk Lager 25cl	€3.50
Cisk Excel 25cl	€3.50
Hopleaf Pale Ale 25cl	€3.50
Blue Label 25cl	€3.50

FOREIGN BOTTLED BEER AND CIDER

Sol 33cl	€4.00
Heineken 25cl	€3.50
Guinness 44cl	€6.00
Strongbow 50cl	€6.00
Woodpecker 50cl	€6.00

DRINKS

SOFT DRINKS

Sprite	€2.50
Sprite Zero	€2.50
Coca Cola	€2.50
Diet Coca Cola	€2.50
Fanta Amara	€2.50
Fanta	€2.50

JUICES

Selection of juices	€2.50
Fresh orange	€3.75

ENERGY DRINK

Red Bull	€5.25
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SCHWEPPEs

Soda	€2.50
Tonic Water	€2.50
Ginger Ale	€2.50
Bitter Lemon	€2.50

WATER

Panna Natural
San Pellegrino Sparkling

25cl	€2.50
75cl	€4.95



STICKY FINGERS

Bucket of smoked chicken wings €9.50
Served with seasoned curly fries

Bucket of fritto misto €12.50
Prawns, calamari, green shell mussels, sardine fillets and white fish, served with seasoned curly fries

Bucket of Curly Fries 🍏 €5.50
served with sour cream

Local classical wine
by the glass

€5.00

Prosecco
by the glass

€7.00



THE PLATTERS

(Served from 12:00 - 23:00)

These were a successful vocal group of the early rock and roll era. Also some of our dishes! Ideally to share and accompanied with some wine.

DIP IT 🍏

for 1 person €8.75
for 2 persons €14.75

Choose 3 dips from Tunisian hummus, babaganushi bil-gewz, guacamole, black olive pâté, bigilla, pesto, fierce tomato salsa. Served with roast herb tortillas, nachos, bread sticks and vegetable crudités

May we recommend:
Caravaggio Chardonnay D.O.K Superior or
Merlot D.O.K, Marsovin - Malta €21.50

FRIED DIM SUMS

for 1 person €10.00
for 2 persons €16.50

Chicken, pork, beef and prawn dim sums served with garlic, soy and sweet chili

May we recommend:
Odyssey Grenache D.O.K Marsovin - Gozo €25.50

TEMPTASIAN

for 1 person €10.50
for 2 persons €17.50

Duck spring rolls, pork ribs, pork sate, chicken Tandoori, prawns wrapped in blanket pastry, chicken lollipop accompanied with kikko soy, chili and sate sauce

May we recommend:
Chenin Blanc Douglas Green, South Africa €24.50

Vegetarian

L'ITALIANO

for 1 person €11.50
for 2 persons €19.50

Parma ham, Spianata, plain and piccante salami, Bresaola, cippoline in aceto, black olives and sundried tomatoes. Served with crispy tortilla and grissini

May we recommend:

Pinot Grigio IGT - Campania, Italy €24.50
Chianti D.O.C.G. Tuscany, Italy €23.95

CHEESE MASTER

Brie €7.50
Stilton €8.00
Applewood €8.75
Bougon Buche €9.25
Parmeggiano €9.50

100 gram cheese wedge served with water biscuits, grissini, plum chutney and grapes

May we recommend:

Château Lamothe-Vincent- Bordeaux, France €26.50

THE PALACE ROYAL SUSHI

(Served from 17:00 - 23:00)

for 1 person €18.00
for 2 persons €34.00

Salmon sashimi, omelette sashimi, tuna, suzuki, prawn, smoked eel and ika sushi, California maki, futo maki and dynamite roll

May we recommend:

Prosecco Di Valdobbiadene
D.O.C. Althe'a, - Veneto, Italy €28.80

Enjoy 10% OFF when
ordering a platter for 2
and a bottle of wine

 Vegetarian

PRE-DINNER COCKTAILS

Dry Martini	€8.00
Gin or Vodka and Dry Martini	
White lady	€8.00
Gin, Triple Sec and lemon juice	
Margarita	€8.00
Tequila, Triple sec and lemon juice	
Caipirinha	€8.00
Pitú Cachaca, fresh lime, demerara sugar and crushed ice	
Cosmopolitan	€8.00
Vodka, Triple Sec, cranberry juice and lime juice	

LONG COCKTAILS

Long Island ice tea	€8.00
Vodka, Rum, Tequila, Gin, Triple Sec, lime juice and Coca Cola	
Sex on the beach	€8.00
Vodka, Peach Schnapps, orange juice and cranberry juice	
Mojito	€8.00
Havana Club Gold, fresh lime wedges, demarara sugar, fresh mint and soda water	
Pina Colada	€8.00
Havana Club White Rum, Malibu, coconut syrup, pineapple juice and fresh cream	
Planter's punch	€8.00
Dark rum, grenadine, lemon juice and soda water	
Singapore sling	€8.00
Gin, Cherry Brandy, lemon juice, pineapple juice, grenadine and soda water	

SPARKLING COCKTAILS

Aperol Spritz	€8.00
Aperol, sparkling wine and dash soda	
Goodnight kiss	€8.00
Campari, brown sugar, angostura bitters and sparkling wine	
The Palace	€8.00
Cognac, Crème de Cassis, strawberry, dash of fresh lemon and sparkling wine	
Bellini	€8.00
Peach Schnapps, peach juice and sparkling wine	
Also served with Champagne	€14.50